

International Federation of Orthopaedic Manipulative Physical Therapists SUBGROUP OF WEFT World Confederation for Physical Therapy

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IFOMPT Newsletter – December 2012

Dear Member Organization & Registered Interest Group Delegates and Special Friends

It was wonderful seeing so many of you in Québec! What an absolutely fantastic conference and time of goodwill and growth for IFOMPT. There were many meetings, great academic sessions, and lots of opportunity for social interaction, which all helps us to be one big international family. A highlight was the awarding of the *David Lamb Memorial Award* to Jan Pool — very well deserved, congratulations Jan!



We were also proud to award the inaugural 'Geoffrey Maitland Award for advancement of clinical practice in Orthopaedic Manipulative Physical Therapy' to Bob Elvey. He was unable to collect the award in person, but was with us in spirit and is an extremely worthy recipient after all he has done for the profession. In true Bob fashion, on hearing of the award, he donated the US \$1,000.00 to Nesto Tarimo, from Malawi, to enable him to travel to the conference. Gwen Jull presented the award to Toby Hall, who received it on behalf of Bob.



Delegate changes:

Welcome to Clair Hebron, who has taken over from Laura Finucane as the delegate for the United Kingdom, and Marica Kok who has taken over from Ina Diener in South Africa. We are also sorry to advise that Darren Rivett is standing down as delegate for Australia, as he has taken on another role within their organisation, and his MO delegate role will be filled by Amy Fagan on 1st January 2013. Sincere thanks to Laura, Ina and Darren for the wonderful job they have done as delegates over many years – your input and wisdom on so many matters has been invaluable to the growth of IFOMPT.

Welcome also to the second Poland group, Polish Association of OMT, as the latest Registered Interest Group (RIG) of IFOMPT, and to their delegate Alek Kucza.

On a sadder note, we were sorry to hear of the passing of Bill Atkinson in October, who was the Australian RIG delegate for many years. His commitment to Manual Therapy, passion for the profession, and communication with the office will be sadly missed. Paul Dean has taken over as the RIG delegate for Australia.

IFOMPT Meeting 2014: We have had interest expressed by Norway and Switzerland to host a meeting in 2014. Could other MO's please let us know if they would be interested in hosting a meeting during 2014?

Québec Conference Blog:

http://www.physio-pedia.com/conferences/ifompt
Once every four years is the World Congress of
Musculoskeletal and Manual Therapy organised by
the International Federation of Orthopaedic
Manipulative Physical Therapists (IFOMPT) brings
together and leading experts and an international
audience for a celebration of musculoskeletal and
manual therapy. This year in Québec was a great

example of knowledge translation (one of this year's themes of the conference) with new evidence presented by leaders in the field, great learning occasions through workshops and course, as well as classic conference networking opportunities.

This year Physiopedia partnered with the IFOMPT conference to provide online reporting from the conference through the social media. We set up a blog which reported live from the conference, so if you were unable to attend this year you can read about many of the key sessions here. The keynote and invited speaker presentations were inspiring and thought provoking and well worth recording for future reference. Not only was our blogging team keeping us informed from key presentations but they were also stimulating the #IFOMPT12 Twitter stream. The most mentioned 'clinical pearl' on Twitter was "Smokadiabesity" from Karim Khan and the most re-tweeted comment was from David Butler "If your back was on your face, you would take better care of it". Does this say something about the way our profession is heading....?

<u>President's Report - Annalie Basson</u>

It is hard to believe that yet another year has passed. This has been a busy but very successful year for IFOMPT. We can look back at a highly successful, insightful and enjoyable conference in Québec City. I would like to thank the CAMPT Organising Committee and especially Rob Werstine and Elaine Maheu for such a superbly organised conference. We do not have the final figures yet but it seems as if it was financially a successful conference too. This is good news for all of us as it will enable us to complete important tasks in the coming years. I would also like to thank Brenda Meyers and Tracy Bury of WCPT for attending the conference and their support of IFOMPT over many years.

The most important project is our Strategic Planning Meeting set to take place in Cincinnati, October 2013 and hosted by AAOMPT. We have started the process of finding a suitable facilitator to help us to achieve the vision and mission of IFOMPT. After the General Meeting we are all aware of how our needs and aims change over time.

The Standards Committee has been asked to change a number of things at the General Meeting and we will be utilising some of the We are very grateful to the voluntary contributions from our great blogging team...

From left to right, Kevin Rudolph, not a blogger but



tagging along, Jesse Awenus, of jessephysio fame, Sarah Slater, Rachael Lowe, founder of Physio Pedia, Jon Ward head of the STOPS Back Pain Research, Alexander Chan. Sarah, Alex are completing their PhD in physiotherapy with Jon Ward, and Erson Religioso, The Manual Therapist (Mike Pascoe was unable to join us for the blogging team outing).

profit from the conference to do the work. I would like to thank the SC for the enormous amount of work they do and for their continued commitment and effort to maintain the high standards we require from our MO's.

The new constitution is available on our website. This is a clear and concise document and I would like to thank Ken Olson again for the work in getting this ready. It is important that all MO's are familiar with the content of the constitution and I would like to encourage you to read through it again. It is available on the website under 'About IFOMPT'.



I would like to take this opportunity to thank Michael Ritchie for the past eight years of hard work and commitment to IFOMPT. We will miss his passion in our meetings, but are very thankful that he is prepared to help with the maintenance of the website. I would also like to welcome Laura Finucane to the Executive Committee. She worked hard as an MO delegate and I know she will be a valuable member of the Executive Committee. The Executive Committee would like to thank you for trusting us with the business of IFOMPT for the next four years. We will endeavour to do our best and grow IFOMPT into an even stronger subgroup of WCPT. WCPT will be hosting a leadership forum for all it's subgroups in March 2013, which I will be attending on behalf of IFOMPT

I would like to wish you all a very blessed Festive Season and happiness in the New Year. We look forward to a successful 2013.

Annalie Basson and Executive Committee

Treasurers Report – Erik Thoomes

There is not much to add to the treasurer's report since we met at IFOMPT2012 in Québec, Canada. I do have one exciting piece of news: the conference organizing committee have managed to make an excellent profit, both for CAMPT as well as for IFOMPT. We do not have the exact figures yet (and they might take a little longer), but we have already received a first "down payment" from the organizing committee and this was a substantial amount of money. This will ensure that both the Executive Committee, as well as the Standards Committee, will be able to meet regularly over the next four years and continue with their good work.

So a big "THANK YOU" and compliments to the organizing committee from all of us!!!



Elaine Maheu, Annalie Basson, Vicki Reid, Alison Rushton

Education / Research Report – Duncan Reid

I hope you all enjoyed the conference in Québec. It was great to catch up with you all again. The conference was clearly a great success and the level of the presentations was outstanding, from the keynotes, the podium presentations, the symposia and the individual concurrent presentations and posters.

One of the pre events for the conference was the teachers meeting. This was well attended with over 100 teachers from around the world presenting or participating. There was a wide range of presentations aimed at stimulating novel and more effective ways of teaching manual therapy. Thanks to all those who presented their work. I hope you all have a copy of the power point presentations given that day, if not please contact Vicki in the office.

Here is a summary of the feedback you provided about the day so you can see what you thought went well and what we can improve on for next time.

Interest in the meeting was high, with participants commenting the meeting had improved from the previous meetings. There was a good tempo within the meeting and a good variety of presentations. Most participants thought the information was relevant to their area of work, with a good mixture of theory and practice. There was clearly variation in the educational level of some presentations with some being too low and covering basic concepts. Most felt the time allowed for the presentations and questions was the right amount. All agreed that they would recommend the day to other teachers in the future. The majority of the participants felt holding the teachers meeting every two years was the best option. Most felt the meeting should still just be for the MO and RIG teachers and not opened to a wider teaching audience. There were mixed views as to whether the teachers meeting should be part of the conference or still an additional day as it currently sits. There are a number of MO's who are keen to host future teachers meetings, so the IFOMPT executive will look forward to receiving requests to run the meetings in the future.

Key things identified for future meetings were:

 It could be useful to identify some key issues to discuss between teachers of all MOs, to build some shared knowledge e.g. working group as VBI evolution, rotational components of HVT, updates of techniques, classification

- More practical activity that allows to engage new ideas and principles
- How to direct teaching to various learning styles
- Different parts of the Standards document presented
- Small group discussions
- Sharing of techniques
- Sharing of tools mentoring the mentors, teaching methods, forms, selfassessment tools for students and mentor
- Could have a focused symposium type of session with some debate
- Scientific work about the teaching, evaluation, assessment and feedback and also clinical implications of those

I have taken on board these comments and these will help with future planning. From my perspective, as one of the key organisers of the day, I think the process of submitting the abstracts and having an increased level of rigour about the quality of the presentations will need to evolve. This will be required to ensure all the presentations are of a high educational standard and also be necessary as more people want to present. This may mean in future that not all submissions are accepted if we want to keep this meeting to one day and include some of the above suggestions.

Finally I would like to remind you that the following decision was agreed at the IFOMPT conference in Québec:

All charges associated with advertising educational programs on the IFOMPT website

have been dropped. Being listed under this section is verification that the program has met the educational standards of IFOMPT.

Any time you want any changes made, please just email them to the office and Vicki will update the listing.

For those programs not listed, please send the information to the office for uploading as we want to get all MOs listing their programs. We get many queries about where to train, so having them listed promotes your program and also saves office time as the information would be readily available via the website.

I wish you all a very Merry Christmas and look forward to catching up again in Cincinnati in 2013.

Website Report – Laura Finucane

Michael Ritchie will continue to keep the website updated, along with myself as part of my new Executive member portfolio.

The Executive is calling for a Special Meeting to vote on the recent motion from the SC following the General Meeting. We will host an online forum discussion from mid-January to mid-March 2013. Voting will take place from mid-March to the end of March 2013.

Report from the Standards Committee — Dr Alison Rushton

This has been a busy year for the Standards Committee with a considerable workload. However, the work has been very rewarding with considerable progress demonstrated for International Monitoring. A successful teachers meeting in Quebec was supported by the Standards Committee. It provided a valuable forum for networking with OMT teachers.

International Monitoring

13 Member Organisations have successfully completed their 1st International Monitoring process. 6 Member Organisations have

successfully completed their 2nd International Monitoring process. An International Monitoring workshop in Quebec started the process of evaluating International Monitoring, and a key point to emerge from discussions was the necessity to train the External Assessors to enable the quality of their reports. A combination of face to face and web based opportunities are being explored and developed. An example of a high quality External Assessor's report will be produced as a resource. Another key point to emerge was the need to develop the value of the IFOMPT Standards and the International Monitoring process to the level of the educational programmes. Award of certificates and inclusion of programmes meeting standards

on the website will be explored. The Standards Committee have also asked the Executive to further develop WCPT's support within their professional bodies for IFOMPT and its activity / standards. Following the International Monitoring workshop the key issues that emerged will be developed into a SurveyMonkey questionnaire to MOs to seek further feedback and identify any issues that need to be addressed.

Applications for Member Organisation status

Greece RIG is working on feedback from the Standards Committee in their working towards meeting the requirements for membership.

Mentorship RIGs

4 other RIGs are making steady progress towards submitting their curricula (Hungary, Poland, Turkey, Venezuela).

Standards Committee document storage and access

An online secure resource for document storage and functionality for Standards Committee access and discussion is being explored as a priority with Michael Ritchie.

IFOMPT website

Development of the website to support Standards Committee activity is being explored with Michael Ritchie, re development of resources for MOs, and online submission of External Assessor reports.

Members of Standards Committee

The Standards Committee has said goodbye to two of its members in 2012. Darren Rivett stepped down from January 2012, and Ann Porter-Hoke stepped down at the General Meeting. The Standards Committee took the opportunity to formally thank both of them for their considerable input into the development and direction of the Standards Committee.

A special mention was made for Ann's input that has extended over a period of nearly 20 years. This level of commitment and continuity has been essential to Standards Committee development and working. The Standards Committee also welcomed their two new members in Quebec: Ronel Jordaan (South Africa) and Lenerdene Levesque (Canada). Both Ronel and Lenerdene joined the Standards Committee's meetings in Quebec as part of their induction. Ann Porter-Hoke has agreed to act as their mentor for a 1 year period.

2013

2013 will bring the commencement of the review of the Standards Document (2008) and further

development and evaluation of the International Monitoring processes.

We wish you all a wonderful Christmas and New Year!

Alison Rushton

On behalf of the IFOMPT Standards Committee



Lorrie Maffey, Darren Rivett, John Langendoen, Alison Rushton, Karen Beeton, Jan Pool, Lenerdene Levesque, Ronel Jordaan, Ann Hoke.

Excerpt from Conference Report: Nesto Tarimo

Intention

Currently Malawi has no registered interest group in orthopaedic manipulative therapy (OMT). While the physiotherapy profession in Malawi is growing, I am convinced that we need to have a registered interest group for OMT and my intention is to establish an OMT group in Malawi. It is a process, but I believe through support from within and outside Malawi, this plan will be achieved, as together as one we can do more. It is high time that we physiotherapists need to intensify our solidarity more especially when pursuing the matters of mutual concern that are for the benefit of our profession.

Conclusion

The conference was quite educative, and served as a platform to bring and meet with physiotherapists from all over the world. This was quite a rare opportunity which I never dreamt would have happened to me.

Therefore, it is essential and particularly important, for physiotherapists to make sure that we live together as one, and closing down the gaps which exist amongst ourselves, in order to take our profession in the next level of development.

Member Organisation Reports

Australia: Darren Rivett

Musculoskeletal Physiotherapy Australia (MPA) wishes all our international colleagues a safe and enjoyable Festive Season! It has been a very positive year for MPA with a successful outcome to our second round of international monitoring with IFOMPT. Moreover, our parent organisation, the Australian Physiotherapy Association (APA), is now providing strong support for our engagement with IFOMPT. This culminated in our bid for the next IFOMPT Conference for which we were pipped at the post by the MACP from the UK, but for which the APA provided substantial resources and support. We are however, intending to bid again next time and are confident that our application will be even more competitive having learned from this experience. MPA was also very pleased to learn that one of most respected members, Bob Elvey was the inaugural recipient for the Geoffrey Maitland Award at the recent IFOMPT Conference in Canada. It was very fitting that an Australian won this award, named in honour of one of the founding members of MPA and IFOMPT.

It is with some sadness that I will be standing down from the position of IFOMPT delegate on the 31 December as I have been elected to the Board of Directors of the APA from 2013. I am sure that after having sat on the IFOMPT Standards Committee and MPA National Committee for many years, and then taking on the role of MPA delegate to IFOMPT this year, that it will take some adjusting to the fact that I will no longer have a formal role within IFOMPT or MPA. However I am pleased that Amy Fagan will be the new IFOMPT delegate and I am excited to have the opportunity to advocate for the importance of international collaborations through my new role on the APA Board. I would particularly like to thank the IFOMPT Secretary Vicki Reid and Standards Committee Chair Dr Alison Rushton for their tolerance of my liberal interpretation of deadlines and their unwavering dedication to the organisation. I have no doubt that IFOMPT will continue to prosper under the leadership of the new Executive.

Austria: Andreas Gattermeier

For the 4th time on September 15, the Master in musculoskeletal physiotherapy at Campus Krems started. Twenty students are now studying an intensive further qualification, at the end of which not only the Master of Science degree is available, but also the

degree in orthopaedic manual / manipulative therapy (OMT after IFOMPT standard). This program was jointly developed by Physio Austria and OEGOMT and implemented in cooperation with the Danube University Krems. The quality of these studies is also recognized internationally, and this is reflected in the fact that both Germany and Switzerland have study deals with similar concepts. The fact that there were several poster presentations at this year's IFOMPT Congress in Quebec done by graduates of this master program reflects the enormous development in German-speaking countries. The posters will be exhibited in the future at the Danube University in Krems/Austria. Even the publication of several articles in the international press is encouraging for graduates. Four graduates of the MSc and colleagues have started the PhD program, and proves that this possibility exists for those interested.

Austria is in the final stages of the monitoring process and the Austrian MO will submit the complete dossier to the Standards Committee at the end of December. At the end of February, as the last piece of the puzzle, the practical examination of the 3rd MSc in Krems will take place and will be monitored by Beate Salchinger, MMsc, the External Assessor of the international monitoring process.



Belgium: Bart Vanthillo

The Belgian MO, BVMT-ABTM, is currently busy finalizing the monitoring reports and the word document for the monitoring before the deadline of 31/12.

There is still no definitive solution and compromise about the constitutions and board members of all AXXON Belgian clinical interest groups (ABCIG), including the new ABCIG MT which normally would become the future IFOMPT MO. In the meanwhile we

are busy reforming BVMT-ABTM to become an organization for all IFOMPT recognized and University formed manual therapists. To be able to do that we will fuse with BWMT (alumni from the University of Brussels) and make proposals for collaboration with the Flemish and Wallonian Catholic Universities (KUL and UCL) and the Wallon University of Liège (ULG). In the beginning of 2013 we will make minor constitution changes and choose a new name. Furthermore we hope to find a definitive solution for the IFOMPT representation in 2013 with respect to all parties concerned.

Canada: Anita Gross

IFOMPT 2012: Rendez-vous of Hands and Minds

High 5 to our Conference Organizers and Volunteers!



We are proud of hosting such an effective conference. The IFOMPT 2012 conference in Québec City was a great success in terms of scientific merit, bringing our international family of Orthopaedic Manual/Musculoskeletal Physical Therapists together and

generating a profit for sustainability of IFOMPT work. What an exciting, thought provoking and scientifically stimulating week!



Dancing at Sugar Shack function, Quebec.

We wish to thank the Executive Committee: co-chairs (Elaine Maheu, Rob Werstine) and member (Anita Gross, Lisa Carlesso); National Planning and Scientific Committee: Anita Gross and Lisa Carlesso; Scientific Committee Chair: Bert Chesworth; Registration and website: Diane Courtemanche; Audio-visual: Pierre Langevin; Social Committee Chair: Elaine Maheu and Danielle Richer; Treasurer: Wendy McCann; Exhibitors: Laurie Urban and Sylvie Paradis; Promotion: Tim Rogers; 31 Reviewers for Focus symposia and workshops; 36 Reviewers for Research/Special Interest

Reports; the reviewers of scientific podium and posters during the conference and so many *volunteers*. We thank our blogging team pre, during and post conference lead by Physiopaedia's Rachel Lowe. We thank our sponsors and partners: CAMPT; Elsevier; Ordre professionnel de la physiothérapie du Québec; AAOMPT; Québec City Tourism; Aspetar; Centric Health — Lifemark; OrthoCanada, CPA, International Private Practice Association; JOSPT and Physiopaedia. *Thank you all* - a proud period for us all as Canadian Physiotherapists!

2. Standards Committee

International Monitoring of Canada has been completed and the UWO program is on a 6 yearly cycle while the Orthopaedic Division is on a 3 yearly review cycle. The 3rd cycle will be due March 31 2014. The International Monitoring workshop was attended by CAMPT executive members: A Gross, J Miller, D Doyle. Feedback was gathered through small group focus sessions. Two new members have joined the committee — Ronel Jordan (South Africa) and Lenerdene Levesque (Canada).

3. IFOMPT International Standard for screening the cervical region prior to Orthopaedic Manipulative

The framework for the document has been ratified at the IFOMPT General Meeting 2012. Lisa Carlesso was the Canadian representative on this task force.

4. Reciprocal Recognition

CAMPT is in support of reciprocal recognition between MOs. MOs have separated out the issue of license to practice that is not intended as part of the process of reciprocal recognition.

5. Evidence services to our members

We are currently trialing Evidence Express service streamlining the push service to focus on manual therapy and related topics for a 6 month period, we will then decide if we will continue to use this service. A survey regarding this service was sent out to members via Survey Monkey. Overall, we received a very positive response regarding the value of, relevance to practice, and continued use of the Evidence Express service.

6. CAMPT and FCAMMPT trademark

After two years of work, we are pleased to announce that CAMPT and FCAMPT are now protected trademarks of the Canadian Academy of Manipulative Physiotherapy. These terms are for use by physiotherapists who are members in good standing of CAMPT.

7. CAMPT Life Membership

Elaine Maheu was awarded a CAMPT lifetime membership at the CAMPT annual general meeting convened during IFOMPT 2012 in Québec City. Elaine

has been a tireless advocate for manual/manipulative therapy training in Québec and Europe. She was the co-chair of the IFOMPT 2012 organizing committee and her outstanding organizational skills were one of the main reasons for the success of the congress. Congratulations Elaine!

<u>Denmark:</u> <u>Jeppe Thue Andersen</u>

2012 was another busy year for the Danish Musculoskeletal Physiotherapist Association (DMPA). In an ongoing process our group is still working on implementing the 2008 IFOMPT standards. Even though the process at times has been demanding, there is a general feeling in DMPA that it has been worth the effort and has helped to improve the standards of our program. Denmark has completed the first phase of the monitoring and will continue the work to fulfill the criteria for the second phase.

In 2012, DMPA has also been involved in a reorganization process of the subgroups under our parent body. This is an ongoing process, which will continue to keep us busy in 2013...

DMPA had 2 representatives to the IFOMPT congress in Québec. It was a great experience — the IFOMPT meetings held in the pre-congress-weekend and during the congress were very well organized and highly relevant. And the Scientific programme was "awesome" — the only problem; too much to see and too little time. Thanks to IFOMPT/CAMPT for organizing this great event...

Lastly, DMPA would like to wish all our international colleagues a very merry Christmas and a happy and new year.

Finland: Sari Kallela

The Finnish OMT Association just held its annual two day congress. The theme of this year's happening was Fascia and Myofascial pain with 250 physiotherapists and doctors attending. This congress is an annual cooperation with the Finnish Manual Therapy association and the Finnish Association of doctors of Manual Medicine.

The Finnish OMT Association has about 800 members. Currently we have OMT programs running with 39 students in them, with 24 graduating in the fall of 2013. The rest of them just started and will be done in the fall of 2015.

Also this year we have organized about 80 short courses on topics like Kinetic Control, Fascial Manipulation, etc, to name just a few. Lecturers from around the world are invited to come to teach in

Finland. For example, this year Mark Comerford and Dianne Lee have shared their knowledge with us. We are looking forward to the new year with many new continuing education courses by Finnish and foreign lecturers, and welcome colleagues from the other IFOMT countries to sign up for the classes given in English.

Germany: Ralf Schesser

The German OMT groups are still working under the umbrella of DFAMT. Four groups are running community based OMT programs.

DFAMT is currently changing the business form to be able to deal with all legal and financial requirements in Germany.

Marketing will then be a major topic next year. The second issue is still to work on the international monitoring report to fulfil the requirements of our standards document. Our national groups are working on it.

We wish all of you a happy and successful New Year.

Greece: Manolis Manolarakis

No report received.

Hong Kong: Arran Leung

Subsequent to the adoption of the IFOMPT International Framework for Examination of the Cervical Region in the Quebec Conference, the Manipulative Therapy Special Group (MTSG) of the Hong Kong Physiotherapy Association will organize a briefing session and workshop on the Framework in March, 2013 for all physiotherapists in Hong Kong. This is to arouse the attention and awareness on the potential risk of heavy velocity thrusting techniques on the cervical spine, and the strategy to take on examination and treatment of patients with complaints of dizziness and associated symptoms.

Ireland: Helen French

CPMT in Ireland had another busy year in 2012.

Post-graduate Education: Much of the work of the CPMT committee continues to focus on post-graduate education with many courses and evening seminars run throughout the year. We run courses for all levels and in 2012 we focused on integrated approaches to assessment and treatment of the pelvic girdle and lumbar spine aimed at new graduates. Professor Paul Hodges did a 2 day course on Lumbopelvic motor control. We also held a joint symposium at our national

physiotherapy conference of our professional body (ISCP) with the Clinical Interest group in Rheumatology. The title was 'Differential Diagnosis in Musculoskeletal Physiotherapy'. This covered topics such as differentiation of mechanical versus inflammatory pathology, visceral pain and pain mechanisms, followed by panel discussion. We also held our Christmas lecture early in 2012 on 'primary care and physiotherapy management of headache' which was given by a neurologist and physiotherapist who works in a headache clinic. Our AGM lecture in June embraced the 2012 Olympics with the theme of 'the Athlete and Physiotherapist's experience of the Olympic games'. In 2013, we plan to run courses on level 2 NAGs and SNAGS, upper quadrant, headache and we have Dr Alison Grimaldi from Brisbane, Australia coming to do a course on Dynamic Stability of the Pelvis and hip.

Research: In our continued support for research within musculoskeletal physiotherapy, research grants were awarded in 2012 to CPMT members for a research project, a research presentation and a research publication. To encourage more clinicians to participate in research, a Clinical Innovation Award was developed but no applications were received in 2012. We have recently launched our research bursaries for 2013.

There was a strong Irish contingent at the IFOMPT conference in Quebec and we had 6 oral and 3 poster presentations from our members.

Level II membership: The number of Level II CPMT members i.e. those with IFOMPT recognized qualifications, remains static at approximately 35 of a total of 399 members. While we have had alternative pathways to Level II membership available since 2010, there have been no applications for this to date.

We are still awaiting confirmation from our parent body (Irish Society of Chartered Physiotherapists) regarding the use of a specific title for our Level II members. An online survey was recently administered by the ISCP asking all members to vote on a choice of 2 titles for those with specific qualifications across any clinical specialties and we are awaiting the result of that survey.

New CPMT website: Over the last few weeks CPMT have been working on a new website, which is a microsite of the professional body (ISCP) website. This has gone live from early December and we hope it will improve communication between the committee and

our members, as well as other musculoskeletal therapy groups.

Finally, I would like to say it was a pleasure to meet all MO Delegates, the Executive committee and Vicki in Quebec and I look forward to working with you all in 2013. May you all have a happy Christmas and peaceful New Year.

Italy: Davide Albertoni

2012 has been a busy year for the Italian MO "Gruppo di Terapia Manuale (GTM)". On the $17^{\rm th}-18^{\rm th}$ November 2012 we organized the First International Congress of our Association ($10^{\rm th}$ edition at a National Level), with the title "Physiological Adaptations to Musculoskeletal Pain Clinical evaluation and treatment in Physical Therapy". The event was a great success with 250 attendants including some people from abroad.

The speakers were high level clinicians and researchers coming from different Countries, such as Dr. Mick Thacker, Director of the Master of Science "Pain, Science and Society" at the King's College of London, Prof. Bart Koes, Researcher at the Erasmus University of Rotterdam, who published a huge amount of literature about Low Back Pain, Dr. Cesar Fernandez De Las Penas, who published more than 200 articles about myofascial pain, Dr. Lacerenza Marco, neurologist, director of the Center of Pain Medicine of the Casa di Cura Pio X, in Milan, Dr.Riann Palmieri-Smith, who is a research leader about Arthrogenic Muscle Inhibition, Dr.Lorenzo Fabrizi, bioengineer, winner of the IASP Early Career Research Grant, Dr. Andrea Polli, who graduated from MSc in Pain, Science and Society at King's College of London and collaborator at the Master in Rehabilitation of the Musculoskeletal Disorders of the Genoa University, as Dr. Munari Alice, who presented the different kind and pattern of referred pain, and who was followed by Dr.Francesco Traverso, orthopeadic surgeon from the clinic "Humanitas" near Milan, who presented the different patterns of hip pain.

Our Association also organized some focused small courses with foreigner teachers, and all of them reached a high number of attendants. This year the members of the Association reached 244, the highest ever, and we are improving services and the website for our Associates, hoping to reach an even higher number next year.

During 2012, moreover, our Association improved the relationship with the Parental Association, the

Associazione Italiana Fisioterapisti (AIFI), creating reciprocal support and cooperation about many events and professional issues.

Japan: Masao Yamauchi

We are very pleased to announce that the number of certified orthopaedic manipulative therapists in Japan reached 53 in December 2012. Japan has been offering the OMT education course for the past 20 years, and graduates of this course have been increasing steadily.

As the governing organization of the OMT field, JFOMT participated in the IFOMPT as a member of the RIG group and attended the congress held in Vancouver in 2006, and subsequently became an MO in 2008. We are working on the detailed review of our educational curriculum to develop our program further. In particular, we are in the middle of upgrading clinical training and lifetime education besides reinforcing teaching staff.

We cannot say at this moment that we are fully involved in IFOMPT's worldwide activities, but we are making strenuous efforts to organize the Japanese internal system, and subsequently contribute to the development of orthopaedic manipulative therapy on a global scale under IFOMPT's initiative in the near future.

Netherlands: Annelies Pool

Currently the Dutch Manual Therapy organization (NVMT) is exploring the possibility of achieving an extended scope for clinical experienced Manual Therapists. As in other countries as Canada, New Zealand, England, Australia and Norway this extended scope would require extra well trained competencies. The extended scope will consist of a) the possibility to request additional diagnostics as X-ray, CT en MRI and b) to give enforced advice on return to work. We hope to demonstrate cost effectiveness with a pilot study in 2013.

Six educational programs on Manual Therapy will be monitored by an external assessor in 2012 and 2013. The EA will use an adapted checklist from the Standard Committee to evaluate the quality of the programs. The reason for a delay in assessment by an EA was the fact that the programs were all already monitored by

the government and did receive the status of Master education.

A matter of debate was the value of the extra monitoring for the educational programs. After all an extra monitoring by the NVMT does not bring extra value for the educational programs, since an extensive evaluation already took place by a team of experts. After a few good discussions all educational programs have shown their support and will be monitored. The programs will pay partly for the monitoring. The rest of the payment for the assessment will be done by the NVMT. At the last general meeting our members have agreed to pay for this monitoring to monitor quality according to IFOMPT standards to remain a full member.

As an MO for the Netherlands, and on behalf of my board, I would like to wish all colleagues a Merry Christmas and an inspiring and happy new year.

New Zealand: Steve White

The NZMPA ran its Musculoskeletal Continued Education Programme) MCEP courses in Auckland, Wellington and Christchurch in 2012 and interest remains high for these courses. The courses will be repeated in 2013 with Dunedin replacing Christchurch.

In November 2012, Dr Alison Grimaldi presented a very informative 2 day course entitled: Dynamic Stabilisation of the Hip and Pelvis in both Auckland and Dunedin. Dr Andry Vleeming will be running a 2 day course on Lumbo Pelvic Pain in Auckland in January 2013.

The NZMPA Biennial Scientific Conference will take place in Rotorua on 24 and 25 August 2013. The Conference theme is "Piecing together the puzzle... Screening, diagnosis and categorisation in musculoskeletal physiotherapy". Invited speakers include Dr Charles Aprill, Prof Bill Boissonnault and Dr Peter O'Sullivan. The details will be available on the NZMPA website — www.nzmpa.org.nz

Norway: Heather Nicol

Thank you to Anita Gross and her team for their great Congress in Québec. The organization and content were first class and many of the Norwegians present have shared their experiences with others here.

Thank you also to the Executive, Standards Committee and others with roles in the IFOMPT organization, for

the days of hard work put in during the days in Québec. I think that there was a lot of communication and positive energy used by all, which is means that the organization is alive and thriving!

The annual seminar for the manual therapy group (Faggruppe for manuellterapi) will be held in Oslo from 8th - 9th February 2013 and has several international speakers (English speakers). Visitors are most welcome and the program can be found on our website www.manuellterapeutene.no

An official Specialist status for Manual Therapists in Norway is still, after 3.5 years, under consideration in the Health Department and received a mention in their 2013 budget.



Past & Present Presidents: Bob Sydenham (Canada), Jan Erik Endresen (Norway), Annalie Basson (South Africa), Stanley Paris (NZ & USA)

<u>Portugal:</u> <u>João Filipe de Vasconcelos Abreu.</u> No report received.

South Africa: Ina Diener

The Orthopaedic Manual & Manipulative Physiotherapy Group (OMPTG) had a very busy 2012! Our website has been improved, now having a 'Find an OMT Physio' function, providing evidence-based information for members and the public, as well as CPD information for members.

The IFOMPT congress in Québec City was attended by 16 South Africans, and we came back to share lots of inspirational thoughts and research results! We have two masters programs being monitored for the Educational Committee, and we are in the process of

registering our 130-hour community-based OMT course as a National Certificate.

Our GEC moves on from the Western Cape to North Gauteng Province at the end of 2012, and Marica Kok takes over from me. Thanks to all IFOMPT MO representatives from whom I learned hugely. It was a wonderful experience to be part of the team. May IFOMPT go from strength to strength!

Spain: Prof. Tricas Moreno

One of the main focuses of the OMT-Spain team is the first occurrence of the International Monitoring, In the following months we will send the Standards Committee the documentation of the first part of the process for evaluation.

Its three months since the Extensive Model of the eleventh edition of the OMT-Master started at the University of Zaragoza. At the moment 50 students are undergoing the first level of education and a waiting list has been opened for the remaining students. The number of students is increasingly growing, proof of the increasing awareness of the need for a high quality education in Manual Therapy.

The recently published "Stretching and Self-stretching in OMPT" book in Spanish, which was presented in the Teachers Meeting presentations in Québec, is at the moment on the last phase of translation to the English language. We are looking forward to sharing with all of you soon!

OMT-Spain is introducing changes in the structure of the organization so that all manual physical therapists can be informed and benefit in one way or another from the work IFOMPT is performing internationally. Through the already existing membership categories and the inclusion of these new changes, we rely on the development of Manual Therapy together with the collaboration of the whole group.

We would like to invite all the MO Delegates, Members and IFOMPT Committees to the II OMT-Spain Congress, which will be held on the 14th, 15th and 16th of June 2013 in Zaragoza. We will celebrate the 200th anniversary of Physical Therapy as a modern profession. The interactive and high practical content model of the congress announced in the bid for the world congress will be implemented in this congress.

Sweden: Ragnar Faleij

The new masters program in OMT (two years full time, but running four years part time) that started this fall was number four in number of applicants when counting ALL masters programs at ALL universities in Sweden. Everybody involved thought that was a 'nice start'. It's been a lot of work this first semester but it will 'pay off' on the long run since this is the first and only educational program in Physiotherapy in Sweden on a masters level that also will lead to a specialist title.

The OMT-section is now collaborating with the sports medicine section, the pain section and the orthopaedic section for the next combined sections meeting in 2013. Professor Sharman is one of the key note speakers.

At the general meeting for the Swedish association of registered physiotherapists this fall it was voted on and decided to finally make a change of name. The name 'sjukgymnast' that's been in use since about 1830 in Sweden was changed to Fysioterapeut (Physiotherapist). After 199 years of 'struggling' with different names trying to describe the profession founded in 1813, we finally took on the 'international and official' name of the profession.

Switzerland: Marion Schreiner

First of all we would like to thank Canada for organizing a great IFOMPT Congress. We have had an interesting and wonderful time in Québec and it was great to see all of you there!

We had a very important discussion about the International Monitoring process and therefore I want to thank every Member Organisation for the input they gave. I would also like to thank the Executive and the Standards Committee for the valuable work they do all year, and for the very warm welcome I got when I started.

The collaboration with the SVOMP (Swiss association of manual physiotherapist) and the ZHAW (Master program) is developing on very well. We are arranging a symposium together with the title "measurements – why bother". It will be on 2 March 2013.

In Switzerland we still have the discussion about our cancelled contract. Those physiotherapists who are Fellows of the Mother Organisation "physioswiss" are still in an out-of-contract situation. In every canton they now fight for a higher salary for physiotherapists.

This entails a lot of work for our Mother Organisation "physioswiss" — but they are doing a good job. How much the health insurances will have to pay is still to be determined. But we are very hopeful for a positive conclusion.

Merry Christmas and best wishes for the New Year!

United Kingdom: Laura Finucane

Firstly, a big thank you to Canada for a successful IFOMPT conference in Québec. The UK has a hard act to follow in 2016! We have learnt many lessons from the Canadian team and would particularly like to thank Rob Werstine for his time and expert advice. We are confident that we too will provide an exciting and thought provoking conference in Glasgow and we are already well on the way to planning and organising the event.

In October we held our annual study day and AGM 'Reasoning our way through neural systems' with key notes from Toby Hall and Alan Hough. This was attended by nearly 200 members and was very successful.

We have been granted independent prescribing nationally which is groundbreaking news especially for those working in advanced practitioner roles. This represents an opportunity for us to further develop our expertise and to enhance the care we offer our patients. The changes are not due to come into place until 2014, with the Bill needing to be ratified in Parliament, but once those stages are passed, this will be a reality for the profession.

We are also pleased to support ARMA (Arthritis and Musculoskeletal Alliance) and their manifesto for transforming the quality of life of people with musculoskeletal disorders in the UK. With an ageing population, a growing emphasis on public health and prevention and an increasing need for health services to deliver cost-effective care, there has never been a more important time to campaign for the recognition of musculoskeletal disorders (MSDs) as a health priority and to work for healthcare becoming truly patient-centred and integrated.

Finally, as you know I am standing down as the UK MO delegate. I would like to thank you all for your friendship and support over the years; it has been a fantastic experience. I hope I am able to represent and support you in my new role as a member of the executive team.

Hope to see you all In Cincinnati 2013! Have a great Christmas. Laura

USA: Tim Flynn

The AAOMPT conducted our 2012 annual conference in conjunction with the International Federation of Orthopaedic Manipulative Physical Therapists (IFOMPT) Conference in Québec City, Canada. This was truly a fabulous opportunity for all the AAOMPT members in attendance and allowed the Academy to work collaboratively with the host organization, the Canadian Academy of Manipulative Physiotherapists (CAMPT). This outstanding event was the result of unprecedented collaboration and has been years in the making.

At our annual meeting a number of prestigious awards were presented. The 2012 John McMillan Mennell Service Award was presented to Dr. Catherine Patla. Dr. Skip Gill was honored with the 2012 Kaltenborn "Teach I Must" Award. Finally, Dr. Gail Deyle was announced as the recipient of the 2013 AAOMPT Distinguished Lecture Award. AAOMPT also recognized four Honorary Fellows at the Fellow Recognition Ceremony in Québec City. The Academy honored Greg Johnson, Vicky Saliba-Johnson, Eileen Vollowitz, and Dennis Morgan for their roles in laying the foundation for the advancement of OMPT in the United States.

The 2013 AAOMPT Annual Conference is scheduled for October 16-20, 2013 in Cincinnati, OH. The theme of the conference is Manual Physical Therapy: Balancing the 3 Pillars of EBP. This will be the first North American Education Committee (EC) event. As an EC conference the AAOMPT will be reaching out to all IFOMPT member organizations and Registered Interest Groups (RIGs) in the Americas to encourage that they send colleagues to this exciting meeting. In addition, the AAOMPT will be hosting the IFOMPT Strategic Planning meeting and Teachers Meeting, which is an excellent opportunity for faculty involved in manual therapy instruction to come together and share best practices. Be sure and get this on your calendar.

The AAOMPT has had an exciting year with a number of ongoing projects. Current membership in AAOMPT totals 1922, including 753 Fellows, 838 members, and 196 students.

Effective July 1, 2012 the AAOMPT began a new association management arrangement and our office moved to: AAOMPT. 8550 United Plaza Boulevard, Suite 1001, Baton Rouge, LA 70809, USA Telephone: 1-225-922-4641



Bob Elvey (Australia) and Stanley Paris (USA) – historical photo following presentation of IFOMPT Life Memberships, Perth, November 2000

Registered Interest Groups:

Australia: Board of OMT Australia

We have a five member board which meets every two months either by teleconference or face to face. After the face to face meeting we hold an afternoon workshop for members, which has been popular this year. It consists of short presentations of material from other conferences which members have attended and/or revision of OMT theory and practice led by Jochen Aekerle (PT OMT).

In August we held a very successful TMJ and Cervical Spine course. There were two OMF surgeons as guest speakers and Justin Sullivan (M.Hlth.Sc OMT) and Jochen conducted the OMT practical sessions.

We are to hold our AGM in February 2013 and have started planning our education calendar for next year. The second part of our report is very sad news. On Friday 24th November 2012 our founder, teacher and patron Bill Atkinson(Hon DHSc) passed away. It is hard to put into words what Bill meant to our members and the physiotherapy profession as a whole. He was truly inspirational.

From the Office:

Executive has recently developed a document for WCPT to disseminate to WCPT MO's about IFOMPT membership and how it differs from other Interest Groups. Please contact the office if you would like a copy.

IFOMPT Conference Abstract and information on supplement: IFOMPT 2012: A Rendez-Vous of Hands and Minds.

J Orthop Sports Phys Ther. 2012;42(10):A1-A83

Authors: Werstine R, Chesworth BM

Since its founding in Montreal, Canada in 1974, the International Federation of Orthopaedic Manipulative Physical Therapists (IFOMPT) has been providing orthopaedic and manual therapists from around the world with the highest-quality learning opportunities through a conference held every 4 years. In 2012, IFOMPT is partnering with The International Private Practitioners Association (IPPA) to host this prestigious event in Quebec City, Canada. As more than 51% of the Canadian Physiotherapy Association membership is working in private practice, this adds even greater value to this quadrennial event. This conference emulates best-evidence practice in the marriage of research and clinical excellence by pulling together some of the best and brightest hands and minds in orthopaedic physiotherapy. Through a call for proposals that equally emphasized research, clinical excellence, and the knowledge translation link between the two, the IFOMPT mandate of clinical and academic excellence has been kept at the forefront of this year's conference. Included in this supplement are the IFOMPT 2012 keynote addresses, schedule, and abstracts. J Orthop Sports Phys Ther 2012;42(10):A1-A83. doi:10.2519/jospt.2012.0302.

PMID: 23023241 [PubMed - in process]

I will be on annual leave from Friday 21st December until Monday 7th January, so the office will be unattended during this time.

We wish you all a wonderful festive season with lots of time to enjoy family and friends.

Best wishes

Vicki Reid IFOMPT Office Manager New Zealand



- Home of Hobbiton (I did a wonderful tour through the movie set last week, as it is the area where I grew up, and looking forward to seeing the movie 'The Hobbit' as a very proud 'Kiwi').



